



**TITLE:** What The U.S. Healthcare System Doesn't Want You To Know, Why, And How You Can Do Something About It

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**DESCRIPTION:** Consumers of healthcare are conditioned to be uninformed and misguided. Why? Well, the United States healthcare system — health insurance companies, pharmaceutical companies, specialists, and others — is assembled to keep you sick. They don't want you to know this because it's making them very rich. In fact, we are the only developed nation in the world that allows the health industry to profit, maintaining incentives for providers to keep us sick. This status quo is kept alive by keeping Americans uninformed and exploited for profit. We have been conditioned to not know the inner workings of our healthcare system, and as a result, we are powerless from this abuse of power. Yet, we can, and should, do something about it. As a form of public service to the uninformed health consumer, which studies show to be 90% of Americans, this powerful and one-of-a-kind exposé provides the data and facts from reputable sources to support these bold conclusions and urges readers to make their own. Then, Kat provides specific opportunities on how to take action in response to revolutionize American medicine. So, what does the U.S healthcare system not want you to know? You are invited to become informed about what is being covered-up.

**AVAILABILITY:** [Amazon.com](https://www.amazon.com) and coming soon everywhere else books are sold.

**EXCERPTS & BOOK TRAILER:** [Can be found here.](#)

**AWARDS:** [Winner in Nonfiction Interior Design at the National Indie Excellence Awards](#) and [Health/Medicine and Social Issues at the 2020 Independent Author Network \(IAN\) Book of the Year Awards](#)

**AUTHOR BIO:** Kat Lahr is an award-winning writer, educator, reformer, health advocate, and believer of healthcare as a human right. She holds an MBA and is an inductee of Sigma Beta Delta, the National Honor Society in Business, Management, and Administration. As an Adjunct Professor, she became very passionate about educating the community about health policy and the current social issues that plague the industry. Her passion for public health has given her appointment by a former Illinois Governor on the State Health Improvement Planning and Healthy Illinois 2021 Planning councils where she hopes to positively influence health policy. She believes that most of us aren't comfortable watching people suffer when help is available, and when we assist each other in surviving, everyone benefits. She advocates for awareness, transparency, and a person's right to know.

Whenever promoting the book, please link to [www.toerrishhealthcare.com](http://www.toerrishhealthcare.com) or [www.thoughtcollection.org](http://www.thoughtcollection.org)

You can download the author's [discussion notes here.](#)

**BOOK JOURNEY:** I spent 8 years writing this book. For almost a decade I taught university students studying for an MBA with a focus on health administration. I realized that not even my students, those who had some healthcare industry working experience, hardly knew anything about what was going on in our healthcare system. The more I dug into healthcare by preparing for my classes, the more I saw such a huge opportunity to teach everyone, not just my students privileged to obtain a college education. As a result, I became very passionate about educating the public, as the research I did to prepare for my classes was eye-opening – and that passion gave me a seat on a State of Illinois Public Health council. Every time I taught a class I would deepen my argument and message – which came straight from my observations as a researcher and educator. The further I got, the more I uncovered what was purposefully hidden from us and the concept of transparency became front and center. Additionally, about 4 years ago in 2015, I started my own spiritual awakening, and my heart chakra since then has opened dramatically – increasing my sensitivity to health equity and equal rights. Healthcare being one of those rights. Publishing this book is my advocacy toward a better and healthier planet and humanity.

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